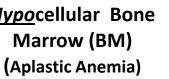
Yan Yu, 2012 (www.yanyu.ca)

# Pancytopenia

(anemia,  $\downarrow$  retics, recurrent infection, easy bruising/bleeding)

Hypocellular Bone Marrow (BM) (Aplastic Anemia)





## Cellular/Normal BM

 $\rightarrow$ Hypersplenism →Alcoholism →тв  $\rightarrow$ Sarcoidosis

**Hyper**cellular BM

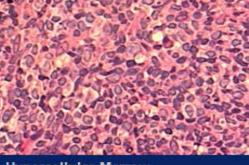
#### **Maligant Infiltration**

(excessively proliferating clone of certain marrow cells, displacing RBC/WBC/Plt precursors out of marrow)

→Acute Leukemia (blasts!)  $\rightarrow$  Myelodysplasia (CML, PV, ET) → Myelofibrosis  $\rightarrow$ Lymphoma (stage IV)

Tx:

 $\rightarrow$  Chemo for the appropriate cancers  $\rightarrow$  HSCT if necessary



Hypercellular Marrow

#### Inadequate B12/Folate

(due to ineffective hematopoiesis, BM is packed with abnormally-produced blood cells)

→Macrocytic, oval RBCs → Hypersegmented neutrophils  $\rightarrow$  Associated with malabsorption

Tx:  $\rightarrow$  B12 IM to restore levels, maintain with oral supplement  $\rightarrow$ Oral folic acid supplement

## Inherited $\rightarrow$ Fanconi's anemia

 $\rightarrow$ Shwachmandiamond syndrome

Acquired →Auto-immune (SLE, GVHD, etc)  $\rightarrow$  Radiation/chemotherapy →Toxins (benzene, lindane) →Infections: HIV, EBV, Hepatitis, Parvovirus, sepsis (severe infection) → Drugs (NSAIDs, Methotrexate, chloramphenicol, anti-thyroids, antiepileptics) → Paroxysmal Nocturnal Hemoglobinura (PNH)

### Tx:

 $\rightarrow$  Withdraw causative agents (drugs, chemo, radiation)  $\rightarrow$ Immune-suppression of marrowsuppressing T-cells (Antithymocyte globulin, ATG; steroids, cyclosporine) →Hematopoietic Stem Cell Transplant (HSCT)  $\rightarrow$  Supportive Care