Acute Pelvic Pain (focused on the Gynecological System)

**Non-Pregnant**

**Ovary**
- Ovarian Cyst (often doesn’t cause pain, red herring)
- Ovarian Torsion
- Mittelschmirz

**Genitourinary:**
- Infection (cystitis, pyelonephritis, STIs, Pelvic Inflammatory Disease)
- Stone (renal, ureteric)

**MSK**
- Pelvic floor muscle pain (very common, detectable with palpation of pelvic floor on internal exam)

**GI:**
- Appendicitis (migration of pain from diffuse to RLQ, more vomiting)
- Gastroenteritis
- Diverticulitis
- IBD

**Pregnant**

**Uterus:**
- Dysmenorrhea
- Congenital anomaly
- Fibroid
- Pyometrium
- Miscarriage (most common cause of acute pelvic pain in pregnancy)

**Fallopian Tube**
- Ectopic pregnancy
- Abscess: tubo-ovarian abscess (TOA), pyosalpinx – deadly if ruptured
- Tube torsion
- Hydrosalpinx

**Ovary**
- Ovarian Cyst
- Ovarian Torsion
- Mittelschmirz

**Endometriosis**

*Reproductive-age women are pregnant until proven otherwise.
*It’s an ectopic pregnancy until proven otherwise.

**(structure Hx and PE based on this ddx)**

**More MSK**
- Proctalgia Fugax (benign spasms of the pelvic floor, intermittent and very painful, can wake you up at night, but not worrisome. A literal pain in the ass)